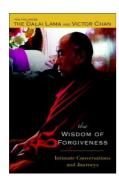
THE WISDOM OF FORGIVENESS

This is the extraordinary documentation of the evolving friendship between the Dalai Lama and the man who followed him across Ireland and Eastern Europe, on a pilgrimage to India's holy sites, and through the Dalai Lama's near fatal illness. On this remarkable journey Victor Chan was awarded an insight into His Holiness-his life, his fears, his faith, his compassion, his day-to-day practice-that no one has reported before. We've heard the public voice of His Holiness--now we are invited to listen in on his...



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To the Dalai Lama, suffering and adversity are the necessary conditions for developing patience and tolerance. These qualities are vital if we want to reduce negative emotions like hatred or anger. When things go well, we have less need to be...

Reader's Opinions

I expected this book to be a learning experience for me and I was looking forward to learning about His Holiness's methods of compassion and forgiveness. This book only went into those virtues breifly and instead was a glorified account of the Author's relationship with The Dalai Lama. The book was basically the author's bragging rights...

Many of my friends and acquaintances already know that I am intrigued by the Dalai Lama. I was privileged to hear him speak once and have been very moved by most interviews and books I have read about him. What I have found most compelling is the apparent congruity between his teaching and...