## HAKUIN ON KENSHO: THE FOUR WAYS OF KNOWING

Kensho is the Zen experience of waking up to one's own true nature—of understanding oneself to be not different from the Buddha-nature that pervades all existence. The Japanese Zen Master Hakuin...



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## **Reader's Opinions**

My favourite intermediate Zen book I've read so far. This is a short work of Hakuin's talking about the kensho experience and the ways of knowing both the experience itself, as well as how to tell true teachers from fake ones. Albert Low's translation and commentary is clear and straightforward, and it makes me want to check out some...