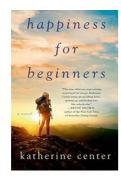
HAPPINESS FOR BEGINNERS

A year after getting divorced, Helen Carpenter, thirty-two, lets her annoying, ten years younger brother talk her into signing up for a wilderness survival course. It's supposed to be a chance for her to pull herself together again, but when she discovers that her brother's even-more-annoying best friend is also coming on the trip, she can't imagine how it will be anything other than a disaster. Thus begins the strangest adventure...



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Author	Katherine Center
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